



Information and Referral Sources:

Alzheimer's Association (Delaware Valley Chapter)

399 Market St., Suite 102

Philadelphia, PA 19106

1-(800) 272-3900

<http://www.alz.org/delval/>

Services Provided: Information and support to persons with Alzheimer's disease and their families and caregivers, through support groups, training, and information.

Fees: None, except for a \$40 fee for the "Safe Return" program, which enables people in the community to assist someone with Alzheimer's who has wandered, by helping the person return home.

American Cancer Society

(800) 227-2345

<http://www.cancer.org/treatment/supportprogramsservices/app/resource-search>

Services Provided: Advocacy, support groups, education, transportation, volunteers to help cancer patients and their families.

Fees: None.

American Red Cross

Southeastern Pennsylvania Chapter

2221 Chestnut St.

Philadelphia, PA 19103

(215) 299-4000

<http://www.redcross.org/pa/philadelphia/>

Services Provided: Disaster services; AIDS education; health and safety education; volunteer opportunities; service to military families; bloodmobiles; emergency response system (see Lifeline.)

Fees: Fees for some programs.

Associated Services for the Blind

919 Walnut St.
Philadelphia, PA 19107
(215) 627-0600

<http://www.asb.org/>

Services Provided: Adapted technology center; Latino outreach; hands-on gardening; diabetes support group; vocational, educational assessment and planning; mobility instruction; information and referral; educational programs; radio information center for the blind; recorded periodicals; large print services.

Eligibility: Must be visually impaired; income guidelines for some programs.

Fees: Sliding scale fees.

CARIE – Center for Advocacy for the Rights and Interests of the Elderly (CARIE)

1500 JFK Blvd., Suite 1500
Philadelphia, PA 19102
(215) 545-5728 / (800) 356-3606

<http://www.carie.org/>

Services Provided: Information, education, and advocacy intervention through CARIE LINE telephone service; Special assistance to elder abuse/crime victims; health and in-home care consumers in the community; and managed care/HMO consumers; Report health care fraud to authorities; Long Term Care Ombudsman Program handling complaints about nursing homes and personal care homes in North, South, West and Center City Philadelphia.

Fees: None

Central Montgomery County Mental Retardation Case Management Program

1100 Powell St.
Norristown, PA 19401
(610) 277-4600

<https://www.centralbh.org/seniorcare/>

Services Provided: Case management, adult day services, community employment, family support services, counseling for people with mental retardation.

Eligibility: Montgomery County residents who meet eligibility for MR services.

Fees: No fee for case management; fees for some programs.

Community Action Development Commission, Montgomery County (CADCOM)

113 East Main St.
Norristown, PA 19401

(610) 277-6363

<http://www.cadcom.org/>

Services Provided: Case management, energy assistance, weatherization, information and referral; Mortgage Assistance Program.

Eligibility: Income guidelines; Montgomery County resident.

Fees: None.

Hearing Discovery Center

1515 South Lansdowne Ave.

Darby, PA 19023

(610) 237-6222

<http://www.scs-delco.org/about>

Services Provided: Assistive listening devices to be tried by individuals in their own homes; Counseling available for hearing impaired persons by volunteers who have also experienced hearing loss; No hearing aids.

Fees: None.

Jewish Family and Children's Service of Greater Philadelphia

2100 Arch St., Suite 5

Philadelphia, PA 19103

(267) 256-2100

<http://www.jfcsphilly.org/>

Services Provided: Case management; Counseling; In-home care; Cleaning service; Information and referral.

Eligibility: Age 65 or older and living in the greater Philadelphia area.

Fees: Yes; Sliding scale fees.

Montgomery County Community Connections

1430 DeKalb St., 1st Floor

Norristown, PA 19401

(610) 278-3522

<http://www.montcopa.org/communityconnections>

Services Provided: Advocacy; Information and referrals.

Eligibility: Available to all Montgomery County residents.

Fees: Free.

Physician Referral of Main Line Health

(866) 225-5654

<http://www.mainlinehealth.org/referrals>

Services Provided: Match patient's need with doctors in the Main Line Health System; Primary Care and Specialists participate in the program; Will refer doctors who make home visits to elderly, homebound persons.

Fees: None.

Visiting Nurse Association Community Services Personal Navigator Program

1109 DeKalb St.

Norristown, PA 19401

(610) 272-3373

<http://www.vnacs.org/index.php?page=personal-navigator-program>

Services: Connects eligible individuals and families to health benefits, prescription assistance, and many other resources available to them in Montgomery County.

Fees: Free.